



Henry Larsen Elementary School

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Trustee: Sandra Schwartz 613-868-5249
School Council Chair: Melody Currie
School Council Email: sc-henrylarsenes@ocdsb.ca
Twitter: [@HenryLarsenE](https://twitter.com/HenryLarsenE)
Website: <https://henrylarsenes.ocdsb.ca>

“Through Caring and Sharing We Learn”

Here are the School Messenger emails that we have sent to families during the month of October, 2021:

1 October 2021

Dear Henry Larsen Elementary School Families,

Thank you for an amazing week!

We had a great time running in our annual Terry Fox Run. As a school we have raised almost \$2800.00!!!! THANK YOU!!! Donations are still being accepted:

<https://secure.terryfox.ca/regisrant/TeamFundraisingPage.aspx?TeamID=945794>

Thank you to Mme Natalie's class for their leadership as we recognized the first National Day for Truth and Reconciliation. As a school we will continue to look for ways to honour this learning not just this week but throughout the school year and look forward to ideas to support this. Here are some photos of activities from the day:

October is [Dyslexia Awareness Month](#)! All students learn differently, and here at Henry Larsen we value all our learners.

Meet the Staff Night: More information will be sent out early next week for a virtual meet the staff night that will be held the evening of **Thursday, October 8th via google meet from 5-6:20 pm.**

October is Islamic Heritage Month in Canada. This celebration of Muslim history and culture is a time for all of us to reflect, celebrate and learn about these contributions. Today, the OCDSB issued a [statement on Celebrating Islamic Heritage and Combating Islamophobia](#). As a school we will be learning more together about the important societal contributions made by Muslim Canadians.

From School Council - Fall Fundraising:

We are currently fundraising for a new play yard, as the older play yard is due to be torn out.

As there is currently no lost-and-found during Covid, Council thought that a great fundraiser would be for Mabel's Labels. 20% of sales go directly to the school and the labels are shipped directly to your home.

You can shop at https://mabelslabels.ca/en_CA/fundraising/support/, look up Henry Larsen Elementary School (Ottawa), and shop to your heart's content.

As last year's craft auction was a huge success, as well as being Covid friendly, we are going to do the same this year. School Council will be collecting items through October for an auction in November. Henry Larsen has many talented artists and makers and we would love to collect art/sewn items/jewellery/beaded items/holiday decorations/knit and crochet items and so much more. If you are interested in donating, please contact us at sc-henrylarsenes@ocdsb.ca to arrange drop off/pick up of your items.

Thank you for your help,
School Council

From Ottawa Public Health:

If your child has a symptom:

If your child does not pass the [screening](#) in the morning, or is sent home with a symptom during the school day, please see the information in the screening tool or in [the letter that we email to you](#) with information on whether or not your child needs to:

- isolate and get tested, or
- Isolate until the symptom(s) is (are) improving for 24 hours without the use of fever-reducing medication (48 hours after vomiting or diarrhea have ended).

When your child is ready to return to school following the OPH protocol, please send this attestation letter ([English](#), [French](#), [English and Somali](#), [English and Arabic](#)) with your child (or email to henrylarsenes@ocdsb.ca).

Daily Student COVID-19 screening:

We know that mornings are busy, and please continue to do the daily screening with your child before coming to school. Here is the [link for the screening tool](#). Daily confirmation of the screening no longer needs to be sent to the school, however, it continues to be very important that we screen for symptoms every day.

Have a safe and wonderful weekend everyone.
Take care,
Amanda Pruner and Dianne Morris

8 October 2021

Dear Henry Larsen Elementary School Families,

Thank you again for a fantastic week and a big thank you to everyone who was able to join us Thursday for our virtual Meet the Henry Larsen Team night.

PCR Take Home Tests: Are now available at the school to level 1 symptomatic students, staff and their parents/guardians. These tests are still sent to the lab (they are not the “rapid tests”) but this option saves a visit to the testing facilities. Here is the [video](#) that explains how to administer the test. School staff are not authorized to administer or supervise tests. Families are welcome to do the test in their car or do it at home and return it either to the school before 4 pm the same day, or to the nearest testing facility.

Ask a PHN: We have invited our Ottawa Public Health Nurse, Dominique Angelo, to join us for a google meet at **6:00 pm on Thursday, October 14th**. Please submit any questions that you might have before 10am on Tuesday, October 12th to help give Dominique an idea of the questions that are on your mind. Here is the [link](#) for the google form. Please feel free to submit more than one question. The questions can be related to COVID or other public health questions you may have. The link for the google meet will be shared that day via School Messenger.

Fire Drills:

We are so proud of our students and staff for their excellent work during our two fire drills this week! We organized the drill in waves by cohort so that students weren't crossing cohorts and the classes walked carefully, lined up quietly and followed their educators. Way to go, Huskies!

Rowan's Law:

The last Wednesday of September annually is designated to education for *Rowan's Law Day* and is dedicated to promoting awareness of concussions and the importance of having strategies to prevent, identify, and manage them. Schools are to continue to have in class education and discussions (a priority for health and physical classes) that raise awareness and safety on concussions on September 29 and throughout the school year. All school staff at Henry Larsen are also participating in Concussion Awareness and Prevention training in October and November.

<http://obia.ca/concussion-resources-for-children/>



Please do not send in peanut or tree nut products. Thank you

COVID-19 Screening:

Please continue to screen your child before they arrive at school. It is one of the many ways we can all keep each other safe. We also understand that a child's health can change throughout the day. Thank you for your understanding, and flexibility when coming to quickly collect your child from the school when they present symptoms. [SCREENING LINK](#)

Happy Thanksgiving to everyone celebrating. We hope that you have a safe and restful long weekend.

Amanda and Dianne

Upcoming Dates:

Holiday - no school for students Monday, October 11

School Council Meeting Tuesday, October 12 at 7:00 pm

Ask a PHN Thursday, October 14th at 6:00 pm

Individual Education Plans (IEPs) shared with families Friday, October 22nd

Progress Reports shared with families on Thursday, November 4th

15 October 2021

Good Evening Henry Larsen Families,

Thank you for another busy week! Please continue to send your child to school dressed for a variety of weather situations. So far the weather in October has been very interesting.

Thank you to everyone who was able to join us for our “Meet a PHN” virtual drop-in session. The Public Health Nurses from OPH were happy to connect directly with our school community and answer a variety of questions. If you still have a public health question please email the school and we will forward it to our Public Health Nurse.

BGC Ottawa Virtual Clubhouse

Please see attached information regarding the virtual club at the BGC (formally known as the Boys and Girls Club). The club offers free virtual programs after school.

Online Safety: Please find attached a SnapChat Guide for parents/guardians.

Important Note When sending Emails to the School:

Please use henrylarsenes@ocdsb.ca This is the Henry Larsen Elementary School email that will reach the school office. Please do not use the Henry Larsen School Council email that is sc-henrylarsenes@ocdsb.ca. The two email addresses are very similar.

OPH Attestation letters: The letter has recently been updated in [French](#), and [English](#), and the [OPH Supporting Schools Webpage](#) also offers the letter in Somali and Arabic. Please submit an attestation letter if your child is returning to school after a negative test result/or designated isolation period has finished. Attestation letters are also used when a child has a condition/allergies with symptoms similar to COVID-19.

COVID-19 Screening:

Please continue to screen your child before they arrive at school. It is one of the many ways we can all keep each other safe. [SCREENING LINK](#)

Important Dates:

Individual Education Plans shared with families Friday, October 22nd

Progress Reports shared with families on Thursday, Nov 4th

22 October 2021

Greetings Henry Larsen Community:

Thank you for another wonderful week! Here are some updates:

Hallowe'en: If students wish to participate in this activity, they may wear a simple costume or anything orange and/or black to show their Halloween spirit. So be creative! Please remember our costume restrictions include no face coverings or hand-held accessories, and no weapons. If you're not sure, please ask your teachers beforehand. All students are required to continue wearing their masks with their costumes so please be mindful of this when choosing the outfits and/or makeup. Similar to last year we are not able to share or distribute snacks.

Progress Reports:

Progress reports will be shared via School Messenger. You will need your child's OEN number to access the report. Your child's OEN is located on their previous report cards. When entering the OEN, please include the hyphens (dashes). The format should be XXX-XXX-XXX. For students who are new to the school, please email henrylarsenes@ocdsb.ca to request a verification form to be sent home which displays the OEN.

Due to Remembrance Day, virtual parent/guardian-teacher interviews will take place the evening of Wednesday, November 10th and in the morning on Friday, November 12th. More information will be provided regarding these important opportunities to connect with your child's educators.

Parents for Diversity: is hosting a free webinar for parents and caregivers of Black children on advocating for your child(ren) at school. School Meetings Preparing for Success:
<https://www.eventbrite.ca/e/school-meetings-preparing-for-success-tickets-184303094517>

Ottawa Safety Council:

The Ottawa Safety Council has created a School Zone Safety Campaign to remind pedestrians and drivers of the importance of following traffic rules in school zones.

Important Dates:

Progress Reports emailed home on Thursday, Nov 4th.

School Council Meeting Monday Nov 8th

Virtual Interviews on Wednesday, Nov 10th and Friday, Nov 12th

PD Day - no school for students on Friday, Nov 12th

Have a wonderful weekend everyone! Take Care,
Amanda and Dianne

29 October 2021

Greetings Henry Larsen Community:

Thank you for another wonderful week! Here are some updates:

Treaties Recognition Week - November 1 - 7

The OCDSB is preparing for Treaties Recognition Week the first week of November. It is the responsibility of all of us to know and understand that Canada was created through Treaties between the Crown and First Nations. It is also important to know that these agreements were reciprocal in nature and that descendants of settlers still benefit from the signing of treaties and Indigenous people have inherent rights that were established through Treaties and which continue to exist.

Water Bottles:

Please check with your child to see if they have their water bottle for school. A number of students have been forgetting their water bottles at home. Our drinking fountains are not active due to COVID protocols, only our water bottle filling stations, so it is important that students have their own water bottle at school. Thank you for helping your child check to make sure it is in their backpack either the night before or in the morning before coming to school.

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***If you find yourself in need of Mental Health Crisis Support, please note the following community resources*:**

Youth Services Bureau Crisis Line (available 24/7) 613-260-2360 or chat.ysb.ca to chat online
Kids Help Phone (available 24/7) 1-800-668-6868 or text CONNECT to 686868
Ottawa Distress Centre (available 24/7) 613-238-3311 or
Ottawa Crisis Line 613-722-6914

Important Dates:

Progress Reports emailed home on Thursday, Nov 4th

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Enjoy your weekend, and for those of you celebrating, we hope that you have a safe and fun Halloween!

Amanda and Dianne